# ANNUAL REVIEW 2022

Helping to create brighter futures for children and young people in need in our local communities









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**Front cover**: OneSight EssilorLuxottica Foundation, St.George Foundation Community Grants partner 2022

**Back cover**: Opening the Doors Foundation, Bank of Melbourne Community Grants partner 2022

### A MESSAGE FROM THE CHAIR



Welcome to the 2022 Annual Review of St.George Foundation, Bank of Melbourne Foundation and BankSA Foundation.

This Annual Review is a big milestone for us as it's the first time all three of our Foundations are aligned to the same purpose of 'helping create brighter futures for children and young people in need in our local communities'. This is also the first time we are sharing the collective impact of our three Foundations.

I am delighted to announce that this year our Foundations granted \$2.6 million in funding to 58 charity partners across Australia. One of our key achievements was awarding two new multi-year grants, demonstrating our commitment to long-term support for Australian children's charities:

- St.George Foundation awarded the Inspire Grant of \$600,000 to Aurora Education Foundation, an Indigenous organisation that supports Aboriginal and Torres Strait Islander students to realise their full education and employment potential.
- BankSA Foundation awarded \$150,000 to Youth Opportunities to deliver its Personal Leadership Program to 216 young South Australians, which is vitally important in supporting the futures of our young people.

During the year, we were pleased to welcome two new Board Governors, Penny Fowler and Emily Gatt. Both bring a depth of experience to our Board that will ensure further success in the future.

2022 also brought with it the return of in-person fundraising events. It was wonderful to attend numerous Foundation events this year including St.George Foundation's Inspire Luncheon, the St.George Foundation Ball, Bank of Melbourne Foundation's Customer Dinner, and BankSA Foundation's Fringe Dinner. These events offer us an opportunity to connect and celebrate each Foundation's charity partners and their positive impact on the lives of our younger generation.

On behalf of everyone at our Foundations, I would like to extend our heartfelt thanks for your ongoing support and generosity. I would like to thank the Board of Governors and the Foundations' team for all their hard work, and of course, the charity partners who are dedicated to helping the most vulnerable in our communities.

We look forward to 2023, knowing that our combined efforts will continue to have a positive impact on children and young people who need us most across Australia.

### Christine Parker

#### **CHAIR**

St.George Foundation, Bank of Melbourne Foundation and BankSA Foundation

### A MESSAGE FROM THE CEO



2022 has been another busy year, and I'm proud that collectively St.George Foundation, Bank of Melbourne Foundation and BankSA Foundation awarded more than \$2.6 million to 58 charity partners across Australia.

Our Annual Review showcases charities facing the challenges, and opportunities, of 2022 head-on and making a real impact in the lives of children and young people. This year the majority of charities that received grants are past charity partners with proven outcomes. We value our ongoing relationships with our charity partners, it's a professional partnership, where we walk alongside them whilst respecting their expertise. In the same way, we are always thrilled to discover new charities who are aligned to our purpose.

During COVID-19 lockdowns, charities faced the enormous challenge of pivoting their programs and continuing to support the most vulnerable in the community. During this time, our Foundations were there supporting not only financially but also with understanding of the program changes required to ensure the viability of these organisations. Our commitment to our partners is the recognition that funding can provide an expansion opportunity, the chance to trial a new program, but can also support the core organisational capacity that supports strong financial management of a charity.

One of the joys for myself and the team is the privilege to hear the personal stories from those impacted by our grants. At the Bank of Melbourne Foundation Dinner, we heard from Aima – a remarkable young woman and Skyline Education Foundation scholarship recipient. Aima shared her journey escaping Afghanistan and then Pakistan due to persecution from the Taliban. Arriving in Australia in 2015 and with no prior access to education, Aima wasted no time settling into school. Skyline is supporting Aima to follow her dreams of becoming a pilot and being the first female in her family to pursue tertiary studies.

The Foundations' community impact is made possible through the support of our donors, the passion and commitment of the Foundation team, our Board of Governors, and our volunteers. I want to thank everyone who helps the Foundations achieve our purpose, and our charity partners who make a difference in the lives of children and young people day in and day out. We look forward to to the year ahead of helping create brighter futures for children and young people in need in our local communities.

### Lisa Grinham

#### CEC

St.George Foundation, Bank of Melbourne Foundation, and BankSA Foundation

## OUR BOARD OF GOVERNORS



CHRISTINE PARKER
CHAIR, ST.GEORGE FOUNDATION
GROUP EXECUTIVE, HUMAN
RESOURCES, WESTPAC GROUP



ROSS MILLER
CHIEF CUSTOMER ENGAGEMENT
OFFICER, WESTPAC GROUP



EMILY GATT

GENERAL MANAGER,

CORPORATE AFFAIRS AND

COMMUNITY, WESTPAC GROUP



MICHAEL REBELO

CHIEF EXECUTIVE OFFICER,
PUBLICIS GROUPE ANZ



PENNY FOWLER
CHAIRPERSON, HERALD AND
WEEKLY TIMES



**DANNY ROBINSON**CHIEF FINANCIAL OFFICER,
ST. GEORGE LEAGUES CLUB

### **OUR PURPOSE**

The purpose of St.George Foundation, Bank of Melbourne Foundation and BankSA Foundation is to help create brighter futures for children and young people in need in our local communities.

Our aim is to raise funds to support charities across Australia that present the greatest possible opportunities to create positive and lasting change for children and young people in need. Collectively, the Foundations have awarded over \$55 million in funding to thousands of charities across Australia.

Our Foundations' Community Grants fund up to \$50,000 to small Australian children's charities that attract little assistance from the government and are not able to generate significant income of their own. St.George Foundation Inspire Grant offers up to \$600,000 over three years. It is awarded to a charity for the purpose of providing innovative interventions that will change the course of a child's life through access to education. Bank of Melbourne Foundation and BankSA Foundation Multi-Year Grants aim to help children's charities make a significant, long-lasting impact on children and young people's lives.

We acknowledge the First Peoples of Australia and recognise their ongoing role as Traditional Owners of the land and waters of this country. We acknowledge Westpac Group's Aboriginal and Torres Strait Islander employees, partners, and stakeholders, and pay our respects to their Elders, both past and present.





# OUR COLLECTIVE IMPACT 1 October 2021 to 30 September 2022



### OVERALL FUNDING

FOUNDATION	AMOUNT (\$)	NUMBER OF GRANTS	NUMBER OF CHARITIES
St.George Foundation	\$1,469,507	35	31
Bank of Melbourne Foundation	\$846,463	18	18
BankSA Foundation	\$294,189	9	9
Total	\$2,610,159	62	58

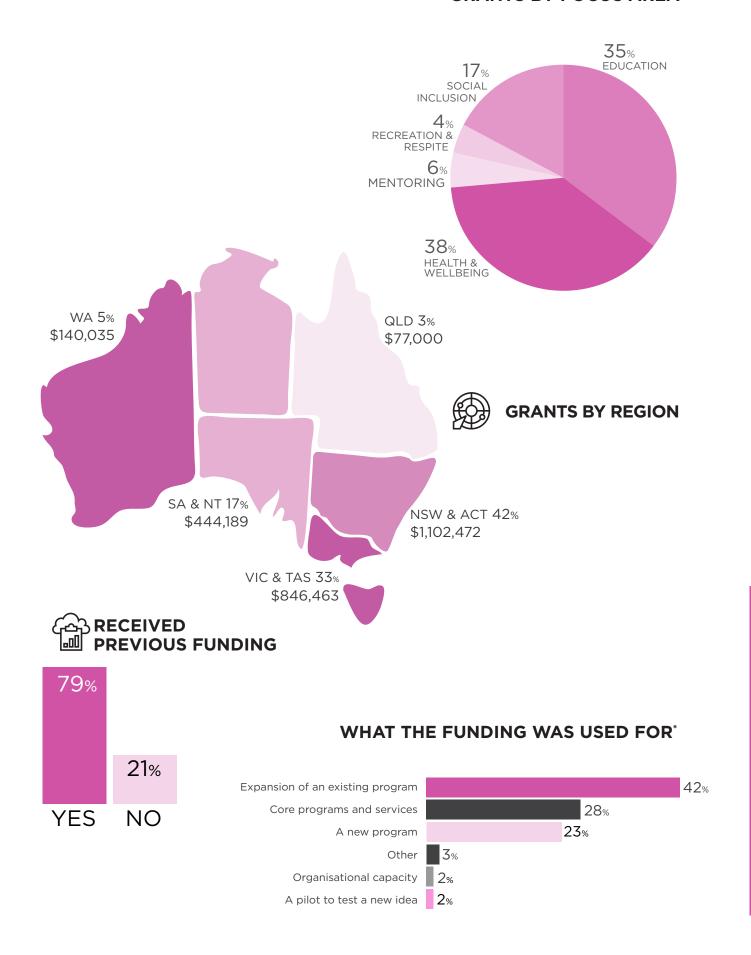


## FUNDING BY GRANTS PROGRAM

	MULTI-YEAR GRANTS	COMMUNITY GRANTS	OTHER*
St.George Foundation	\$400,000	\$937,007	\$132,500
#	2	24	9
Bank of Melbourne Foundation	\$166,667	\$679,796	
#	1	17	0
BankSA Foundation	\$100,000	\$184,189	\$10,000
#	2	5	2

<sup>\*</sup> Other payments include \$20,000 in NSW and QLD Emergency Flood Relief payments to assist existing partners impact by the flood emergency in March 2022; and runner up payments related to Multi-Year Grants programs.

### **GRANTS BY FOCUS AREA**







The Foundations are committed to helping create brighter futures for children and young people in need in our local communities. Fundraising is one of the ways that we can future-proof the Foundations' sustainability and continue our work.



Mudgee Charity Shield Presentation











- INSPIRE GRANTS
- COMMUNITY GRANTS

In 2022, St.George Foundation granted \$1,469,507 to 31 charity partners.

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 $^{st}$  To protect the privacy of beneficiaries, names have been changed where required.

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### **INSPIRE GRANTS**

### AURORA EDUCATION FOUNDATION

2022 Inspire Grant recipient
Program funded: High School Program

St.George Foundation's 2022 Inspire Grant recipient is Aurora Education Foundation, an Indigenous organisation that supports Aboriginal and Torres Strait Islander students and scholars to realise their full education and employment potential.

Through a suite of interconnected programs, Indigenous students, scholars and professionals are supported through each stage of their educational and professional development, whilst building cultural strength, identity, aspirations and sense of community.

The High School Program (HSP) is an intensive student-centred support program focused on academic improvements through a cultural lens. It supports Aboriginal and Torres Strait Islander students and their families to access educational, wellbeing and cultural opportunities so they realise their academic potential and achieve their aspirations.

The program is delivered through cultural immersion and the development of Academic and Wellbeing Support Plans. Students, families and schools are connected to Elders and Aboriginal and Torres Strait Islander mentors through regular and intensive engagement activities.

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"The purpose of the program is to support students to become who they have every right to be."

Uncle Noel Nannup, Elder in the High School Program

"Our HSP participants are the epitome of Indigenous leaders, despite everything they face they go to school every day, they work hard, they attend camps in their own time, and they go back to school and encourage younger Indigenous students to participate and think about their futures."

Natalie Foster, Aurora's National High School Program Manager

The HSP supports Aboriginal and Torres Strait Islander high school students over a seven-year period from the end of Year 7 to the first year out of of high school, improving the education outcomes of Indigenous high school students through targeted academic support, cultural strengthening activities and support for parents and carers.



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### **INSPIRE GRANTS**

### SCHOOLS PLUS

2021 Inspire Grant recipient

Program funded: Australian Virtual STEM Academy (AVSA)

Schools Plus is achieving tremendous results in its first year scaling its Virtual STEM Academy program across Australia.

The Australian Virtual STEM Academy (AVSA) provides opportunities for students in Years 5-9 to experience STEM learning opportunities through an innovative, real time online learning platform. The program focuses on improving STEM educational outcomes for disadvantaged and under-represented groups, including Indigenous, female, and regional, rural, and remote students.

The Inspire Grant's funding is helping to expand the existing QLD Academy and establish the Academy in NSW and the NT.

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"We are really enjoying the classes, so much so that one of students was in tears this morning because she was going to miss the MASE lesson due to COVID. Her father asked if there was any way she could log in from home. I was able to quickly install the iSee program onto a staff laptop and deliver the device to her home all before 9am. The things we do for our students."

Message from Primary School Principal



- Second studio established at Murrumbidgee Regional High (Wade and Griffith sites).
- 254 new enrolments from 17 NSW schools, comprising 115 female and 50 Indigenous students, all of whom are from rural and remote areas.
- 4 teachers trained on vision, scope, curriculum, pedagogical approach, iSee platform and success criteria.
- NT is currently preparing to deliver their first course in early 2023.



### **INSPIRE GRANTS**

### COMMUNITY SPIRIT FOUNDATION

2020 Inspire Grant recipient Program funded: Starting Block

Community Spirit Foundation's (formerly Cathy Freeman Foundation) Starting Block program is a multifaceted intervention centred on building wellbeing and resilience for students in pre-Prep to Year 12.

Community Spirit Foundation (CSF) partners with four remote First Nations communities – Palm Island and Woorabinda in Queensland, and Galiwin'ku and Wurrumiyanga in the Northern Territory. The Foundation leverages the strength and wisdom that lies within each community to achieve the shared goal of improving education outcomes for young people. Integral to this approach is employing local Aboriginal and Torres Strait Islander staff to run programs in community.

CSF's Starting Block program uses reward-based incentives and community engagement to create a unique collaborative strategy that empowers the whole community. With classroom engagement, regular Back to School events, Family Open Days and Starting Block Award ceremonies, the program plays an important role in supporting the transition of students into primary and secondary education levels, particularly 11- and 12-year-olds.

2022 presented challenges for CSF and its partner communities. The beginning of the school year was delayed in Queensland in response to COVID-19 health measures. Restrictions placed in Northern Territory schools limited access to communities by external providers. As borders re-opened, influenza and COVID-19 impacted CSF staff, schoolteachers and community members.

Despite this, CSF has made a significant impact in its four partner communities and returned to pre-pandemic level of program delivery.



- CSF staff have completed 394 classroom visits to provide contextualised, curriculum-linked sessions.
- 144 Year 6 students have engaged with CSF's transition workbooks, designed to support students as they transition into high school. A 4% increase from the second half of 2021 to the first half of 2022.
- Bwgcolman Community School on Palm Island saw a 33.5% increase in enrolments over the 2022 year, the largest across all partner communities. This has facilitated increased engagement with the community and families.
- Across the four partner communities, 451
   events were hosted by CSF community teams
   for more than 10,000 students, community
   leaders and families.





### **INSPIRE GRANTS**

### **PCYC NSW**

2019 Inspire Grant recipient Program funded: Fit to Learn

PCYC NSW continues to deliver the Fit to Learn (FTL) program throughout its NSW Club network with meaningful impact for its participants and the community.

FTL is a program designed to re-engage disengaged youth aged 14-17 years into the education system, encouraging young people to explore their strengths in building respectful relationships within the school environment whilst also developing emotional intelligence skills preparing them for future employment.

With COVID-19 state-wide government restrictions in place across NSW, PCYC NSW was not able to run the program in Terms 3 and 4 of 2021. This will therefore see the partnership with St.George Foundation continue through to late 2023, with PCYC able to deliver the program over the first three terms of the year – an additional term to the two missed out due to the pandemic.

Since recommencing activity this year, FTL has been implemented in 10 Clubs across NSW over the first semester, predominantly in regional areas which include Bathurst, Broken Hill, Cowra, Far South Coast, Lithgow Orange, Maitland, Morriset and Griffith, in addition to its Hornsby Club in metropolitan Sydney.

#### **CASE STUDY**

Madeline\* was noticeably quiet and 'enclosed in her shell' when she first started the Fit to Learn program. She was isolated from the Fit to Life group and generally disengaged socially. During the program Madeline began to participate in activities and towards the end of the program she participated in all activities. Her social skills improved, and she was immensely proud to have earned her First Aid Certificate and White card during the program. Overall, her mood and sense of wellbeing was more positive in class than when she first started the program. She finished Fit to Learn as an integral, and important member of the class.

- 90 students participated in the program across the 10 clubs with an 86% graduation rate.
- 70% of graduates have improved attendance and attitudes towards employment and education.
- 36 young people were successful in obtaining white cards through receiving training at four FTL sites, enabling them to seek employment in the construction industry.
- 41 young people acquired First Aid Certification at four FTL sites.
- 80% of young people received graduation certificates in FTL and/or Job Ready leading to improved self-efficacy related to learning.
- Prosocial and constructive relationships with Police increased, with young people attending social events with police constables, and police constables managing sporting events.





# NATIONAL CENTRE FOR CHILDHOOD GRIEF (NCCG)

Program funded: STRONG Kids Program

Since 1994, the NCCG has provided specialist counselling to bereaved children (aged 3-17 years) and their families, following the death of a parent, sibling or other significant loved one. Bereavement is one of life's most painful and traumatic experiences, particularly for a child, with life-long impacts. This program helps bereaved children to accommodate this significant loss and build the knowledge, skills and resilience needed to live a full and meaningful life.

### **GRANT IMPACT IN 2022**



The STRONG Kids Program provided 38 bereaved children, aged 7-13 years, a tailored series of in-person and online counselling sessions across six months.

#### **CASE STUDY**

Allen\* was 7 years old
when his father was diagnosed
with a rare form of brain cancer.
Allen watched his father endure brutal
chemotherapy treatment for the next year.
His father died just over 13 months from the
initial diagnosis.

Allen was referred to the NCCG to help him learn strategies to manage his grief reactions in daily life, particularly at school, where his concentration and memory were significantly impacted. It has been very rewarding to see Allen adapt to his father's death and find positive ways to express and live with his grief.

### ONESIGHT FOUNDATION

Program funded: Vision screening in Townsville

Funding provided a short-term vision clinic in Townsville to address a lack of access to eye care and provide comprehensive vision care to school aged children. At no cost to the school or beneficiary, OneSight visits schools with high Indigenous populations, and low ICSEA ratings (Index of Community Socio-Educational Advantage). Students identified in need of a full eye exam were able to be seen by qualified optometrists on the day and glasses were then provided free of charge to any students who required them.

### **GRANT IMPACT IN 2022**



- · 20 volunteers travelled to 5 different schools.
- Volunteers helped 791 students across 5 days, with 165 students receiving spectacles or follow up services.



#### **CASE STUDY**



One young student said she had been struggling to see the classroom board for 2 years before her parents took her to a local optometrist last year and were advised that she needed a pair of glasses. As the parents could not afford to buy glasses, she continued to struggle in school. It was a heartfelt moment seeing this young girl light up when she put on the trial frame and saw what the world around her could look like with clear sight.

### MORRIS CHILDREN'S FUND

Program funded: Music Therapy

Morris Children's Fund works to improve the quality of life of children with severe physical and multiple disabilities, illness, or special needs, individually, and as a group. This organisation seeks to overcome the challenges faced by these children and their families by providing financial support for the purchase of equipment, programs and services which enhance the child's development and wellbeing.

The Music Therapy program enables the children, most of whom are non-verbal, to develop social and communication skills such as making eye contact and taking turns. In place of words, the children communicate through singing, playing instruments such as guitar, drums, and hand instruments, and songwriting and storytelling.



### **GRANT IMPACT IN 2022**



The funding enabled Morris Children's Fund to support 220 Children aged 6-18 years across four Schools for Specific Purposes.

### **VARIETY QLD**

Program funded: Financial Literacy Program

Variety QLD developed a Financial Literacy Program for kids living with a disability attending Special Schools. Designed to break the barriers to poverty through better knowledge and management of financial practices, this unique program – not delivered in any other school setting – works closely with teachers and teachers' aides to tailor education sessions specific to each child's needs.

Variety's Financial Literacy Program is delivered by two highly experienced and well-qualified Financial Counsellors who work one-on-one or in small group settings with students. As many of the students do not yet appreciate the value of money, initial sessions start at the most basic awareness level and are then adapted to meet individual levels of understanding. The program aims to ensure that over the semester, every student advances in confidence and their ability to manage their own money improves.

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"What I loved about the lesson was that the students were all engaged and were able to work at their own level. The lesson was fun. It involved hands on money activities with real coins and play notes.

The joy on the student's face whom I was supporting when he was right was priceless and seeing the other students in the group involved in meaningful activities as well as enjoying themselves was a joy to see."

Doria West, Relief SEP Teacher





### FURTHER RECIPIENTS

### The Australian Literacy and Numeracy Foundation

ALNF's Breakfast Library Program ensures approximately 500 children receive a regular, nutritional breakfast across seven disadvanatged educational sites in Western Sydney. At the same time, this program gives access to high-quality, age-related children's literature to foster language and literacy learning.

#### **Be Centre**

Be Centre's 'Hear Me Play' program is an early intervention one-to-one program providing individual play therapy sessions to vulnerable children (aged 3-12 years) with direct experiences of trauma.

#### **Dandelion Support**

Dandelion Support provide children's clothes and essential nursery items for families in need through its extensive network of hospitals and support agencies.

#### First Hand Aboriginal Corporation

IndigiGrow is a 100% Aboriginal owned, run and staffed not-for-profit native plant nursery run by First Hand Solutions based at La Perouse Public School. Funding expanded IndigiGrow project into Matraville Sports High School.

#### **KidsXpress**

Grants funds have enabled KidsXpress to deliver a mental health support program tailored to support the Hampden Park primary school community of students, teachers and parents.

#### Lifeline

Lifeline Broken Hill Country to Coast delivers suicide prevention, training and awareness programs to communities in Broken Hill, the Far West region of NSW and Northern Regional South Australia.

### **Little Things for Tiny Tots**

Provides new and preloved essential baby items to WA families in need, via New Baby boxes filled with "little things" to assist families to care for their newborn. Boxes are distributed via existing networks of social service organisations that include the Department of Child and Family Protection, refuges, hospitals and not-for-profit support services.

#### **Lysicrates Foundation**

The Lysicrates Foundation introduces children to the magic of live theatre, particularly children who, for reasons of financial or geographical distance, have never had the opportunity to experience it.

#### The Mirabel Foundation

Mirabel's specialist youth worker based in the Hunter Region of NSW provides one-toone youth support to high-risk young people, facilitates therapeutic groups, brings together isolated young people for large scale events and co-facilitate therapeutic camps.

#### **Nordoff Robbins Music Therapy**

Nordoff Robbins delivers life-changing clinical music therapy and community music programs. Registered Music Therapists use music in an evidence-based therapeutic framework to achieve clinical goals and enable change.

#### **Open Support**

Open Support is a community service organisation that addresses unmet social needs across NSW by providing compassionate support to the most vulnerable in our community. The funding is helping expand the Child Wellbeing Program into the new Westmead domestic and family violence Facility.

#### Paramatta Women's Shelter

Women and their children arrive at Paramatta Women's Shelter (PWS) often after harrowing ordeals involving family violence and homelessness. Project Rise Above is aimed at helping children to move beyond their recent experiences, stabilise and look forward to a brighter future. PWS provides them a temporary safe haven before moving to transitional housing.

#### Rainbow Club Australia

Rainbow Club established three new Clubs in regional NSW, in the Illawarra-Shoalhaven region. Qualified swim teachers deliver personalised swimming lessons to children and young adults with a disability, who are unable to attend mainstream lessons.

### **RDA NSW Manning Great Lakes**

Equine-assisted activities for people with disabilities such as riding, dressage and carriage driving. Grant funding reduced the barriers for participation for wheelchair bound riders, carriage drivers and volunteer by extending the concrete pathway from the riding ramp to the stables, as well as provide an alternative exit route from the Clubhouse in the event of an emergency such as fire.

#### **Reason to Thrive**

Equine Assisted Learning Youth "Maverick" program promotes mental, physical and social well-being development for youth and children at-risk of disengaging from formal education.

### The Royal Hospital for Women Foundation

Each year more than 1,000 newborn and premature babies are cared for in the Newborn Intensive Care Unit at The Royal Hospital for Women. Neurally Adjusted Ventilatory Assist (NAVA) is an innovative type of breathing support that delivers ventilation in synchrony with and in proportion to a baby's own breathing efforts. Funding provided a fifth NAVA ventilator to meet the demand.

#### **Stewart House**

Stewart House grant supports a cohort of 40 disadvantaged children to attend the Stewart House 12-day program in Sydney. During the program, children receive health screening; engage in a specialised education program; participate in excursions and enjoy a residential program where they establish life skills and personal care routines.

#### StreetWork Australia

Change Your Course Empowerment Program supports vulnerable young people affected by crime, through communitybased, early intervention service delivery. Funding provided four Change Your Course programs over one year across StreetWork's branches.

### **Swan City Youth Service**

School holiday programs for local young people who are not able to afford activities and outings. The program provides youth workers an opportunity to assist young people in other ways, enabling the promotion of other services and promote appropriate behaviour while out in the community.

### Woolloomooloo & Inner City Police Community Scholarship Foundation

The Foundation provides 17 school scholarships, uniforms, textbooks, laptops and other financial assistance to young people at risk of disadvantage in the Woolloomooloo area. The goal is to provide a passage out of disadvantage and crime through education. The Foundation comprises of both police and members of the local community.

### 



- MULTI-YEAR GRANTS
- COMMUNITY GRANTS

In 2022, Bank of Melbourne Foundation granted \$846,463 to 18 charity partners.

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- Bank Of Melbourne LinkedIn

<sup>\*</sup> To protect the privacy of beneficiaries, names have been changed where required.

### **MULTI-YEAR GRANTS**

### SKYLINE EDUCATION FOUNDATION

2020 Multi-Year Grant recipient

Program funded: The Skyline Expansion and Enhancement Project

At the beginning of 2022, Victorians were still experiencing COVID-19 restrictions and Skyline continued to provide support and run programs in an online capacity. Towards the end of Term 1 Skyline started to move towards a face-to-face delivery. Skyline VCE Program was one of the first to return to face-to-face delivery commencing with the April masterclass at the National Gallery of Victoria (NGV). Students were thrilled to be able to experience some community building activities. For many students, it was their first time attending the NGV.

A new challenge emerged as students returned to in-person classes at schools. Many of Skyline's partner schools were experiencing significant shortfalls in resourcing and in particular teacher shortages. Schools continued to be a common site for COVID-19 outbreaks, and with many isolating at home, students experienced many instances of VCE classes without teacher support. This caused a negative impact on Skyline's students wellbeing. Program Managers spent increased time supporting students to navigate the challenges of keeping up with their studies.

Students have reported that they are so very grateful to have been a part of the Skyline Program as it has made a world of difference to them over two very difficult years.

#### **GRANT IMPACT IN 2022**

An additional 30 students joined the Skyline VCE Program, expanding its Year 11 intake, creating a record cohort of 162 Skyline students.

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"Skyline provided me the benefit of a concrete support network outside of school. I have become more aware of what achieving my dreams will entail, and of what my options and potential pathways are for making them happen."

Year 11 Skyline Student, Kyneton High School.

"My goal might not have been achievable without Skyline, I would have to focus more on work than studies to pay for my education. I am now more confident that I may be able to realise my potential because I participated in the Skyline Program."

Year 11 Skyline Student, Geelong

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### OPENING THE DOORS FOUNDATION

Opening The Doors Foundation helps empower First Nations families in Bendigo through education by financially supporting them to acquire essential educational needs – uniforms, books, and technology. This positive impact is felt for not only this generation, but many to come, and significantly contributes to the Closing the Gap educational objectives and outcomes in this regional area, in a very grass-roots practical way.

Funds supported First Nations students in the Greater Bendigo region, choose to attend a school of their choice in the non-government education sector that supports them culturally, in a non-racist environment.

### **GRANT IMPACT IN 2022**



Opening The Doors Foundation assisted 86 students.

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"Although it has been a hard year, Michael\* has achieved a very good result he is looking forward to moving on to high school. Michael is a very happy student and makes friends very easy mainly as he loves his sport. He is a bit behind in his school level but he put in all that he can. The grant has helped us so much as we are able to give Michael the education that we otherwise would not be able to do. Thank you so much"

Mum of two children partnering with Opening the Doors Foundation

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### THE PYJAMA FOUNDATION

Program funded: Love of Learning Program

The Pyjama Foundation instils purpose and direction into the lives of Australian children living in foster care, by training committed volunteer mentors, known as Pyjama Angels, to visit disadvantaged children in the homes on a weekly basis.

Through the Love of Learning Program, volunteers spend an hour a week reading books aloud, playing educational games and engaging in fun activities. A Pyjama Angel's role is to provide consistent love and support, and most importantly, instil a love of learning in children.

#### **GRANT IMPACT IN 2022**



- Screened, recruited, trained and provided ongoing support to 50 new Pyjama Angels in Melbourne, and surrounds.
- 50 additional foster children are now matched with their own Pyjama Angel who visit weekly.

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"For my first visit the children were super active and jumping around all over the place, by my third visit I had all four sitting around the kitchen table participating for one hour, even the youngest in a high chair, it was like a mini classroom. This inclusivity has encouraged the family unit to work together to share activities and what they are learning, it is great to watch."

Sally\*, Pyjama Angel



### FOR CHANGE CO.

Program funded: home.plate

For Change Co. addresses the issue of youth homelessness in Melbourne. Over 28,000 young people experience homelessness on any given night in Australia (ABS 2016), each being individuals who have ended up in this situation due to a series of life circumstances outside of their control.

The home.plate Program addresses the barriers to accessing employment that young people who have experienced homelessness often face. These young people often need support to access the networks, resources, and base employability skills to overcome barriers to employment.



#### **GRANT IMPACT IN 2022**



- 15 young people participated in the training program, receiving an average of \$5,000 in wages each as well as 200 hours of training each.
- 76% of trainees who began the program completed the program.
- Of those who completed the program over 90% graduated and moved into further employment.
- Held 6 workshops for trainees including financial literacy workshops.

#### **CASE STUDY**



Dee\* presented as being shy and not confident in her English language skills. Upon graduation, Dee worked at For Change Co.'s Open Shift employment partner, Anthropology Cafe. Accessing this new employment allowed Dee to transition out of her supported housing to independent housing and university study.

### ST KILDA GATEHOUSE

Program funded: Young Women's Project

St Kilda Gatehouse helps those reliant on street sex work or other forms of sexual exploitation due to hardship, particularly women and girls to move beyond immediate survival needs to overcome social and practical barriers that limit their life choices. Frequently, these women and girls have experienced childhood trauma and family violence, and live with complex traumas.

The Young Women's Project provides intentional outreach and group work support for young women and girls (aged 12-25 years) affected by child sexual exploitation. The program seeks to build resilience, improve coping skills and assists young women to access other support services.

#### **GRANT IMPACT IN 2022**



The project supports more than 30 young women at risk, who have been referred by other agencies, government departments, family and other community groups.

### **CASE STUDY**



Hannah\* began her St Kilda Gatehouse experience through participating in the Group Work program – a small group of young women gathering every week to learn self-defence over an eight-week period. The Young Women's Project support workers used this program to encourage positive self-esteem and begin the process of gaining insight into past abuse. Each participant had the opportunity to access private sessions with the St Kilda Gatehouse therapeutic support worker, who enabled Hannah to find insight, resilience and confidence in herself.



# **COMMUNITY GRANTS**FURTHER RECIPIENTS

#### 100 Story Building

100 Story Building's Sparking Creativity
Program delivered teacher professional learning
sessions in three Melbourne schools in 2022,
along with creative literacy workshops for
all students. 100 Story Building's Sparking
Creativity Program delivered teacher
professional learning sessions in three
Melbourne schools in 2022, along with creative
literacy workshops for all students.

#### **Autism Camp Australia**

The Rock & Roll Pro-Sense Space is a permanent fixture at autism Camp Victoria. The Space is a sensory and proprioceptive piece of equipment that helps autistic young people modulate sensory information.

#### The Big Umbrella Foundation

The project converted 650 sqm of unused VicTrack land in Brunswick into an Urban Farm. The Urban Farm is accessible to people of all ages and ability, encouraging and promoting awareness of food security, food relief, food growing, food waste and community building.

### Down Syndrome Association of Victoria

The funds helped appoint a Regional Community Development Coordinator based in regional Victoria. The Coordinator has a strong understanding of regional issues and challenges facing families who have a child with Down Syndrome.

#### **Education CHANCES**

Education CHANCES awarded 133 scholarships to talented financially disadvantaged, socially isolated and culturally diverse young people who live or study in Boroondara.

#### The First Step Program

A pilot Youth Group Program specifically for young people with identified mental health, alcohol and other drug issues leaving out-of-home care. Partnering with Berry Street, First Step delivers 40 weeks of psychoeducational programs, twice a week.

#### **HoMie**

The HoMie Pathway Alliance is HoMie's own accredited retail training and education paid internship for young people (aged 16-25 years) affected by homelessness or hardship. Every year, HoMie selects young people to participate in an eight-month paid on-the-job work experience at the HoMie Street Store or a HoMie Alliance trained business.

### **Lord Somers Camp and Power House**

The Very Special Kids @ Somers Camp provides between 55-75 children with life-threatening illnesses a fun and supportive experience where they can interact with others with special needs as well as engage with the broader community, whilst enjoying some rare respite facilitated by the organisation.

#### The Pinnacle Foundation

Bank of Melbourne Foundation Scholarship is awarded to marginalised or disadvantaged young LGBTQIA+ Victorians to commence full-time studies in 2023. The Scholar will be carefully matched with a mentor in Victoria who shares the same academic and professional interests, gender identity and sexual orientation.

#### **PCYC St Kilda**

Mobile Activity Centre Prahran program engages disadvantaged youth aged 10-17 years who reside in the Horace Petty Housing Estate. The aim of playing team sports is to encourage teamwork, fair play, while having fun in a constructive environment.

#### The Venny

The Venny to You project builds upon the successful PLAYBLOCKS project, providing play sessions at the base of the Flemington Public Housing Towers in a fenced-off designated space for children and young people.

#### **Western Chances**

The Western Chances Project awarded scholarships to talented and motivated young people to talented and motivated young people experiencing financial disadvantage in Melbourne's western suburbs.

#### Wellsprings for Women

Family Learning Partnership project aims to address barriers to participation in education and employment for socially isolated migrant women and their children. It aims to provide a culturally safe learning environment for small groups of mothers to build their English and digital literacy skills.





- MULTI-YEAR GRANTS
- **OMMUNITY GRANTS**

In 2022, BankSA Foundation granted \$294,189 to 9 charity partners.

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 $<sup>\</sup>ensuremath{^*}$  To protect the privacy of beneficiaries, names have been changed where required.

# MULTI-YEAR GRANTS YOUTH OPPORTUNITIES

2022 Multi-Year Grant recipient Program funded: Personal Leadership Program

BankSA Foundation's Multi-year Grant recipient for 2022, Youth Opportunities, has supported young people experiencing disadvantage or disengagement for over 25 years through its Personal Leadership Program empowering participants with tools for overcoming their challenges to achieve their study, career and life goals.

The face-to-face program is delivered in partnership with schools one day per week for 10 weeks over a school term. Underpinned by positive psychology and cognitive therapy to help build emotional intelligence and resilience, young people engage with trainers through group discussions, self-reflection and 1:1 coaching.

Working with and complementing the school curriculum, it provides practical tools to develop wellbeing, resilience, motivation and self-esteem. Both a prevention and intervention model, it aims to break the cycle of disadvantage and disengagement by providing young people with the skills to make positive life choices, stay in school and achieve better life outcomes. These changes are long-lasting as they are supported through post-program services including workshops for teachers, parents, and caregivers so they can better understand and support young people.



BankSA Foundation's funding will support at least 216 young South Australians (aged 15-16 years) to take part in Personal Leadership Program over three years. Beneficiaries will be selected from one of six state secondary schools situated within some of the lowest socio-economic status communities in South Australia.

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"This program will change your life! I was ready to quit school and become a dropout, but this program has reminded me of what is important to me and what my future could be if I just try."

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### **MULTI-YEAR GRANTS**

### OPERATION FLINDERS FOUNDATION

2020 Multi-Year Grant recipient Program funded: Step Out

Operation Flinders Foundation continues to transform the lives of young people through their quality remote adventure therapy programs.

Funding over three years is helping Operation Flinders to extend their programs to more young people facing challenges in their lives.

Step Out is an 8-10 week adventure-based, case-managed program aimed at young people aged 14-18 years, offering demanding experiences, personal development and pathways to wellbeing and life success. The program includes a challenging 8-day trek covering 100 kilometres across rough terrain in the Flinders Ranges, with young people carrying their own packs, sleeping in makeshift shelters and learning to work as part of a team to overcome challenges. The activities are designed to improve self-confidence, self-esteem, resilience and how to accept responsibility.

### **GRANT IMPACT IN 2022**

Initially piloted in year one and now in its second year, STEP OUT continues to see positive outcomes for its participants and impact for the community, with 40 young people successfully completing the program to date and an anticipated 30 more in its third year with BankSA Foundation's funding.



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"I enjoyed abseiling and the views but not the arguments. I learned not to be selfish and to speak honestly when getting to know others. I am going to start cooking more and go camping."

"I loved the views and the adventure, but the ground was rocky! I learned about gratitude and perseverance during the trip, and I am going to try harder when I get home and at school."

"...If people use teamwork and respect, then everyone can get along. I will respect and treat my parents better and to try harder at school. Operation Flinders has helped me to make better decisions."

Operation Flinders Foundation participants

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### LIFE EDUCATION SA

Program funded: L.E.A.P - Talk About It

Life Education SA provides children and young people with the knowledge and skills required to make positive decisions about their health and wellbeing. Learn Engage Accelerate Program - Talk About It has been created in direct response to consultation with young people to address ongoing concerns about managing personal relationships and the impacts of COVID-19 on their mental health.

### **GRANT IMPACT IN 2022**

An intensive, preventative, hands-on intervention offered in schools over one term. The program targets up to 1000 'at risk' youth aged 10-12 years in low socio-economic regions, engaging them to explore the characteristics of healthy relationships and how to manage peer pressure and conflict.



"The students absolutely loved the program and I have noticed a change in their ability to maintain friendships and identify ways to treat each other already. I was reluctant to do the games at first but after getting started the kids LOVED them and asked every lesson if we could do health."

Murray Bridge Year 5/6 Teacher



### ZAHRA FOUNDATION

Program funded: Early Paths to Empowerment - Pilot 2

Zahra Foundation supports women and children affected by domestic and family violence, specifically addressing the financial abuse and disadvantage most women experience as a result of domestic violence through programs and services that promote the economic empowerment of women.

Early Paths to Empowerment is a 9-week pilot program for young women who have experienced domestic violence.

The group sessions encourage participants to connect with themselves, their strengths, values and interests and plan for more autonomy, confidence, assertion and a safer future free from violence.

It includes creative activities to help women think about their hopes, values and skills, and provides information and support to set goals.

Tailored support is also to be provided for participants to break the cycle of violence earlier and to develop an action plan linked to their economic empowerment through employment or further education.



- 100% of respondents said the program has helped them to feel more confident and gain new skills.
- 65% of respondents said they have learnt about services and organisations that can help them.
- 100% of respondents said they could identify their values and what is more important to them.



### GRANDPARENTS FOR GRANDCHILDREN

Program funded: Grandcarers' Educational, Arts and Sports Fund Program

Grandparents For Grandchildren (GFGSA) offers advocacy and support to grandparent and kinship carers across SA, with regional and outer metropolitan families able to access services remotely through their telephone helpline, mobile outreach and Village peer support group meetings. Financially vulnerable families are assisted through the GFGSA Education, Arts and Sports Fund, offering assistance to struggling primary grandcarers to purchase essential educational and development related items such as laptops, school and sports clothing, art equipment and other child development related expenses.



Grandparent

"We are now 74 and 72 years old supporting a teenage boy. He was very quiet, anxious and withdrawn when he first arrived and has blossomed slowly but surely over these three years. You probably don't fully appreciate the huge difference you make for people in our situation, let me assure you it is profound and so important to us, knowing you are there to help us."

### **GRANT IMPACT IN 2022**

GFGSA assisted over 200 families.



### RESTLESS DANCE THEATRE

Program funded: Shifting Perspectives

Restless Dance Theatre creates opportunities for dancers with a disability - providing a springboard to a future career in the arts. Funding supported the creative development of new performance, Shifting Perspectives - a design-led production that blends a sophisticated, immersive, intimate experience showcasing the strengths of the Restless dancer whilst using the latest in technology. Dancers are seen as individuals, connecting with audiences within our new world devoid of touch, in unison they will draw audiences in to express the sense and safety of community.

Through the artistic process, dancers develop powers of creativity and their imaginations are stimulated. Physically, performers see improved fitness, coordination, a range of movement, sensory integration and body awareness. Socially, restless participants report a sense of belonging which assists with the development of interpersonal and relationship skills within an inclusive yet supportive environment. Restless dancers develop their working memory imagination, generating new ideas, concepts and sequencing of events. Restless also employs South Australian artists and creatives across projects, providing more artists with income and potential earning into the future.

#### **GRANT IMPACT IN 2022**

36 beneficiaries aged between 18-30 years.



### POWER COMMUNITY LIMITED (PCL)

Program funded: Santos Aboriginal Power Cup - APY Lands

The Santos Aboriginal Power Cup (SAPC) is an innovative education strategy that uses Australian Rules Football to engage Indigenous secondary school students in their education and career transition.

Secondary school students located in the Anangu Pitjantjatjara Yankunytjatjara (APY) Lands who are experiencing disadvantage will participate in the SAPC for the first time. Students located in the APY Lands have a school attendance rate between 40–60% compared to 80% of Indigenous students across South Australia and 93% of non-indigenous students (ABS 2016).

Targeted schools of the program rank as the lowest on the Index of Educational Disadvantage. Developed and delivered in conjunction with PCL and the South Australian Aboriginal Secondary Training Academy, the program has a focus on school attendance, retention and career transition along with workshops on positive lifestyle choices, health, wellbeing, personal identity and Aboriginal culture.

PCL hosted a community event as the centerpiece of the project, delivered as an engagement strategy for overall school attendance. Students must demonstrate a minimum of 60% attendance at school to be invited to attend the community event.

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- 125 students across 5 schools attended a school visit conducted by Port Adelaide Football Club players and staff.
- 330 students across 11 schools attended a community event held in the Anangu Pitjantjatjara Yankunytjatjara Lands.
- 5 virtual workshops held where students connected with Port Adelaide Football Club players.



### **OUR TEAM**

**Lisa Grinham** Chief Executive Officer

Georgia Stryker Senior Manager Marketing, Fundraising & Events

and Bank of Melbourne Foundation Lead

Olivia Thomas Senior Manager Grantmaking and BankSA Foundation Lead

**Janine Birch** Marketing, Communications and Fundraising Manager

**Erin Doyle** Marketing, Communications and Fundraising Manager

Matthew Ferns Manager Grantmaking

Melissa Jacka Finance Manager

**Rebecca Wall** Events and Partnerships Manager



### THANK YOU

By supporting the Foundations, you too can help create brighter futures for children and young people in need in our local communities. Westpac Group covers our administration costs so 100 per cent of donations go directly to children's charities across Australia. All donations over \$2 are tax deductible.

### **DONATE**





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